

## Getting to Saluda Shoals Park

Saluda Shoals Park is conveniently located at 5605 Bush River Road just off Interstate 26, northwest of Columbia.

From Columbia, take I-26 West towards Spartanburg. Take Exit #104, Piney Grove Rd., and turn left. Proceed approximately 1.5 miles to St. Andrews Rd. Turn right onto St. Andrews Rd., then left at the first traffic light onto Bush River Rd. Saluda Shoals Park is located 1.5 miles up Bush River Rd. on the left.



Saluda Shoals Park • 5605 Bush River Rd. • Cola., SC 29212  
803-772-1228 • www.icrc.net

Saluda Shoals Park  
5605 Bush River Road  
Columbia, SC 29212



*The EarthFair 8K Trail Run is an off road race held in beautiful Saluda Shoals Park. The course winds along natural trails through forest and grassland along the banks of the Saluda River.*

Non Profit Org.  
US Postage  
PAID  
Irmo, SC  
Permit No. 20

**Saturday, May 1, 2010**  
**9:00 A.M. ● Saluda Shoals Park**

# 2010 Earth Fair 8K Trail Run

Please print clearly. One registration form per person. Make additional photocopies as needed.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Email address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Age Race Day \_\_\_\_\_ Date of Birth \_\_\_\_\_  Male  Female

Certified 8K (\$20 pp by April 16, \$30 pp after April 17)  Fun Walk/Run (Free)

Those registering prior to April 16 are assured choice of t-shirt size. After April 17— first come, first serve. All shirts will be distributed on race day. Additional Tee Shirts will be available the day of the race for \$10 per shirt.

Check T-Shirt Size (Trail Run Participants Only) Youth Size  M  L  XL  
Adult Size  S  M  L  XL

## Release

I understand that running or walking in this event is a potentially hazardous activity. In consideration of your acceptance of my entry, I for myself, and anyone acting on my behalf, waive and release all sponsors, officials, volunteers, their representatives, and successors of the 2010 Earth Fair 8K Trail Run and Kid's Fun Run from any and all claims of injury or damage resulting from my participation in this event. I realize that this is a strenuous event that requires proper physical conditioning for participation. I hereby certify that I am in such physical condition.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or Guardian signature if under 18 years of age.)

Please make checks payable to ICRC.  
Total Fee Enclosed \$ \_\_\_\_\_

To pay by Visa or Mastercard, please call 772-1228.

## General Information

Join us on Saturday, May 1, 2010 for this 8K (5 mile) run and Kids Fun Run along the beautiful trails of Saluda Shoals Park.

**Where:** Saluda Shoals Park

**When:** Saturday, May 1, 2010

**Check-in:** 8:00-8:50 A.M.

**8K race starts:** 9:00 A.M.

**Kid's Fun Run:** 10:15 A.M. (12 and under)

**Rain Date:** Saturday, May 15, 2010

### Fees:

Early Bird by 4/16 Race: \$20 per person

4/17 – 5/1 Race: \$30 per person

Kids Fun Run: Free (12 and under)

**Awards:** Medals awarded to 1-3 place finishers male and female overall, 19 and under, 29 and under, 39 and under, 49 and under, 59 and under, 60 and over.

**8K Race registrants receive:** t-shirt.

**Additional t-shirts:** \$10 (sizes as available)

**For information:** Contact Smith Harden at 803-772-1228 or email [sharden@icrc.net](mailto:sharden@icrc.net).

**To register in advance:** Mail/deliver completed form with check to: (make checks payable to ICRC)

ICRC/Earth Fair 8K Trail Run Registration  
Attn: Smith Harden  
5605 Bush River Road  
Columbia, SC 29212

**Trail Run applications are also available online at [www.icrc.net](http://www.icrc.net)!**

